## **POLICY & PROCEDURE**



TITLE: Chaperoned Patient Exams									
Scope/Purpose: To provide a safe, comfortable environment for patients and staff during									
intimate exams									
Division/Departm	nent: All Clinics	Procedure #:							
Original Date: Ju		_X_NewReplacement for:							
<b>Date Reviewed:</b>	Date Revised:	<b>Implementation:</b>		CPIC	Board				
				Approved:	Approved:				
		07/22/2015		07/22/2015					
Responsible Party: Director of Nursing; COO									

**DEFINITIONS:** 

None

## POLICY:

When indicated with adult or pediatric patients, a nurse, medical assistant or other designated staff may be present in the exam room with the provider during intimate exams or procedures unless specifically requested otherwise by the patient.

Physicians should always communicate the scope and nature of the physical examination to be performed to the pediatric patient and his/ her parent. Parents also are encouraged to be present in the exam room.

The use of a chaperone should be a shared decision between the patient and physician in consideration of the patient comfort, confidentiality, and privacy.

## PROCEDURE:

- 1. The purpose and scope of the physical examination should be made clear to the patient. For the pediatric patient the exam is discussed with the parents as well as the patient if he or she is old enough to understand.
- **2.** If any part of the examination may be physically or psychologically uncomfortable, every effort should be made to support the patient and parent, including the use of measures to preserve privacy, such as gowns and drapes.
- 3. Whenever possible, the chaperone should be of the same gender as the patient.
- **4.** For the rare situation in which the patient refuses an appropriate chaperone and the physician is concerned that providing the examination might result in false allegations or medico-legal risk,

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the physician is not obligated to provide further treatment. Information should be provided to the
patient regarding care alternatives, including another provider or seeking care elsewhere.

RELATED POLICY:

REFERENCES:

American Academy of Pediatrics American Medical Association

REQUIRED BY:

ATTACHMENTS/ENCLOSURES:

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<b>Date Reviewed:</b>	Date	Revised:	<b>Implementation:</b>		CPIC	Board					
					Approved:	Approved:					
			07/22/2015		07/22/2015						
<b>Date of Revision</b>		Description of Changes									
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