

NURSING STANDING ORDER



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|---|----------------------|------------------------|--|------------------------|
| TITLE: Depo-Provera Injection | | | | |
| Scope/Purpose: To provide protection against pregnancy | | | | |
| Division/Department: All HealthPOiNT facilities that administer Depo-Provera | | | Policy/Procedure #: | |
| Original Date: August 29, 2013 | | | <input type="checkbox"/> New <input type="checkbox"/> Replacement for: | |
| Date Reviewed: | Date Revised: | Implementation: | CPIC Approved: | Board Approved: |
| | February 05, 2014 | 03/28/2014 | 03/28/2014 | |
| Responsible Party: Director of Clinical Quality, CMO, Director of Women's Health | | | | |

Procedure:

I. Equipment

- A. Depo-Provera injection
- B. Alcohol swab
- C. Band-Aid
- D. Gloves
- E. Depo flow sheet
- F. Patient chart
- G. Distribution log

II. Initial

- A. Patient must be seen by a provider and must have an order for the Depo injection in the electronic medical record. Patient must be on menses or regularly taking birth control pills, have a negative urine or venous HCG, or be at 6 week postpartum visit and breastfeeding, or five days from delivery if not breastfeeding.
- B. Take all vital signs.
- C. Review the warning signs, menstrual changes, and STD/HIV risks.
- D. Review the advantages and disadvantages.
- E. Explain the schedule for Depo-Provera and stress compliance (every 10-12 weeks).
- F. Give patient the education form on Depo-Provera.
- G. Explain that the patient must use condoms for 2 weeks following the initial injection as a precaution.
- H. Document on all of the above on a progress note and document injection on the Depo flowsheet.
- I. Apply gloves
- J. Give the injection into a large muscle – **Gluteal is 1st choice for most patients, however if patient is morbidly obese give shot in the deltoid muscle in the upper arm.**
- K. Discard the syringe and needle into the sharps container and the gloves in the trash can.
- L. Complete the encounter form
- M. Give the patient the date card that shows a reinjection in 10-12 weeks.
- N. Educate on the importance of taking Calcium supplement daily.

III. Reinjection – NURSE VISIT

- A. Escort the patient to an exam room
- B. Obtain all vital signs
- C. Check the date of last injection to ensure it falls within the 10-12 week schedule. If more than 13 weeks past last injection, contact provider for orders.
- D. Assess menstrual bleeding
- E. Assess satisfaction with this birth control method.
- F. Educate on the importance of taking Calcium supplement daily.
- G. Give injection.

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|---|----------------------|---|--|------------------------|
| TITLE: Depo-Provera Injections | | | | |
| Scope/Purpose: To provide protection against pregnancy | | | | |
| Division/Department: All Healthpoint Clinics providing | | | Policy/Procedure #: | |
| Original Date: August 8, 2013 | | | <input type="checkbox"/> New <input type="checkbox"/> Replacement for: | |
| Date Reviewed: | Date Revised: | Implementation: | CPIC Approved: | Board Approved: |
| February 5, 2014 | February 5, 2014 | 03/28/2014 | 03/28/2014 | |
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| Date of Revision | | Description of Changes | | |
| February 5, 2014 | | Changes to the initial steps and no need to have consent signed anymore | | |
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