

POLICY & PROCEDURE



TITLE: Sterile Gloving and Ungloving				
Scope/Purpose: To maintain a sterile working environment and decrease the risk of contamination to the patient and to keep employees from coming in contact with blood or other body fluids.				
Division/Department: All HealthPOiNT Clinics			Policy/Procedure #:	
Original Date: August 20 th , 2013			_X_ New __ Replacement for:	
Date Reviewed:	Date Revised:	Implementation:	CPIC Approved:	Board Approved:
		03/28/2014	03/28/2014	
Responsible Party: Director Clinical Quality				

DEFINITIONS:

N/A

POLICY:

It is the policy that HealthPOiNT clinical staff meet requirements for patient and personal safety by using correct sterile gloves procedures.

PROCEDURE:

- A. Gloving
 1. Determine what size gloves are needed.
 2. Select a clean, flat, dry surface above waist level and which to open the glove package.
 3. Place the package of correctly sized gloves on the flat surface. Wash hands.
 4. Peel open the outside wrapper, exposing the sterile glove package.
 5. Position the package of that the designation of right (“R”) and left (“L”) is visible right side up if this is indicated on the package.
 6. Use sterile technique, and open the glove package, handling only the outer wrapper. Handle the wrapper by the underneath part of the folded back flaps. Pinch the corners of the flaps after pulling them open so that they remain open.
 7. Pick up one glove by slipping the thumb into the opening and grasping the glove with the thumb and fingertips at the folded-over cuff edge, and lift it up at least 12 inches off the wrapper, being careful not to touch the glove to yourself or any surrounding objects.
 8. Insert the fingers of the other hand into the glove, and extend and hold the fingers slightly apart. Pull the cuff outward as you slip your hand into the glove.
 9. Pick up the second glove by placing the (sterile) gloved fingers under the cuff fold; slip the bare hand into the glove, being careful not to touch the outside of the glove or the other gloved hand with your bare skin. Once the hand is settled in the glove, slide the glove cuff up carefully over the wrist.

10. Adjust the fingers in the gloves as needed by pulling the glove fingers out with the opposite hand to straighten them and allow the proper finger to enter the space.

B. Ungloving

1. When finished with the sterile procedure, unglove by grasping 1 glove on the outside of the glove near the cuff and peel it down until it comes off inside out.
2. Cup it with your (gloved) hand.
3. Place 2 fingers of your bare hand inside the cuff of the glove that is still on your hand.
4. Peel the glove off so that it comes off inside out, with the first glove inside it.
5. If there is blood on the gloves, dispose of the gloves in a biohazard waste bag.
6. Wash hands.

RELATED POLICY:

REFERENCES:

See also

Centers for Disease Control and Prevention, 2013

American Heart Association, 2013

deWit, S. C. (2009). *Fundamental Concepts and Skills for Nursing* (3rd ed., pp. 253-255). St. Louis, MO: Saunders.



