

STANDING DELEGATION ORDER
CHEST PAIN



These standing delegation orders (SO) are provided for guidance of the HealthPoint medical staff members, i.e. physician assistants, nurse practitioners, nurses and medical assistants under the medical supervision of HealthPoint physicians.

Chest pain that may or may not be accompanied by: lightheadedness, nausea, sweating, or shortness of breath; pain spreading to shoulders, neck, arms, jaw; pain in back between shoulder blades; uncomfortable pressure, or pain in the center of the chest lasting more than 15 minutes.

HealthPOiNT clinical staff shall follow the outlined chest pain protocol :

Notify provider **STAT**, if provider is not available call the nursing supervisor who will make the decision to call 911.

- Place patient in a position with head of bed elevated 45 degrees unless, chest compressions are being done or patient is hypotensive.
- Obtain vital signs
- Obtain pulse oximetry on room air.
- Administer O2 at 2-4 L/minute by nasal cannula or 4-6 L/minute by mask.
- Monitor cardiac rate and rhythm via cardiac monitor or EKG.
- Never leave the patient call alone, call out to fellow staff member to get the AED and Emergency Crash Box.
- Chewable Aspirin 325 mg X 1 unless patient is allergic to aspirin or actively bleeding.
- Nitroglycerin 1/150 grains sublingually every 5 minutes X 3 (maximum).
- Monitor level of consciousness, vital signs, cardiac rate and rhythm, and oxygen saturation every 5 minutes and document in the electronic record.
- Prepare to transfer patient to outside facility or admit to a facility capable of providing a higher level of care if indicated.
- Print out chart for EMS.
- Complete an occurrence report and submit the occurrence report and chest pain checklist to clinic manager

Medical Director Signature _____

Date _____

7/10/14